



ROCKDALE SPECIAL OLYMPICS INAUGURAL

ROCK ON ROCKDALE 5K AND FUN RUN

Saturday, March 24, 2012
One Mile Fun Run 8:30 a.m.
5K 9:00 a.m.



Race Day Registration and Packet Pick Up: Whistle Post Tavern at 935 Railroad Street, Conyers, 30012.


Fun Run: Awards to 1st, 2nd, and 3rd place male and female runners under 12.

5K: 1st place, 2nd place and 3rd place in each age group as well as 4 top awards - Overall Female, Overall Male, Masters Female, Masters Male

Age Groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

Course: Runs through historic Old Town Conyers, well-marked, supervised course with water available near 1 mile, 2 mile and finish.

Awards and Post Race Party: Awards ceremony will begin at 10:00am at the Whistle Post Tavern. Plan to stay for a post-race party!

Registration Prices: Pre-registration \$20 (must be postmarked by 3/5/12), Registration after 3/5/12 thru Race day \$25, Family Pack: four for \$70 (pre-registration and families only). Online Registration available at  [active.com](http://www.active.com)
All registration fees are non-refundable Make Checks payable to: Rockdale Special Olympics, 310 Cambridge Way, Covington, GA 30016. Contact by phone: 770-833-0907 or email erikaesellers@comcast.net

Directions: I-20 to exit 80 (West Ave.), go north, cross over railroad tracks and turn right onto Railroad Street, turn left onto Elm Street, parking lot is on the right

Strollers and Wheelchairs are welcome! NO PETS PLEASE!

Registration Form

(Please print one registration for each participant)

Name: (print) _____ Birth Date: ___/___/___ Age: _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

T-Shirt Size (please circle one) Youth: S M Adult: S M L XL XXL (\$2 extra for XXL)

_____ 5K _____ Fun Run _____ Phantom Runner (T-shirt will be mailed)

_____ I would like to sponsor a Special Olympic Athlete for \$20.00



Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against official and sponsors of the Rock On Rockdale 5K and Fun Run for injury or illness which may directly or indirectly result from my participation. I further state that I am in proper physical condition to participate in this event.

Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

(Parent or guardian signature required if entrant is under 18 years of age)